

Robert Louton, MD

BLAIR PLASTIC SURGERY

BRACHIOPLASTY POSTOP - FACT SHEET

DO NOT sunburn or suntan surgical area one month prior to procedure.

Expect to have drainage from surgery sites 24-48 hours.

Pad bed and furniture.

Drainage will be pink tinged. This does not represent bleeding but tumescent fluid mixed with body fluids.

Take antibiotics and pain medication as prescribed.

Wear compression garment for 30 days at all times except when showering. You may shower when your tape is removed, in about one week.

Surgical sites are closed with absorbable sutures that will not need to be removed.

Limit activity to essential tasks only.

No exercise for 30 days.

Signs of Infection

- a. If wound becomes red, swollen, tender or hot to touch.
- b. If red streaks are seen coming from the operative area.
- c. If you develop a fever.
- d. If the wound breaks open or begins draining.
- e. If there is a constant or increasing pain at wound site.

Please notify Dr. Louton for any problems day or night at (814) 949-7280.