

Robert Louton, MD

BLAIR PLASTIC SURGERY

BROWLIFT – FACT SHEET

General Information

DO NOT sunburn or suntan surgical area one month prior to procedure.

Wash your hair the night before or day of surgery with antibacterial soap, do not use any leave in hair products.

You will have tape in place for 7 days.

You will have an abdominal binder in place for 7 days.

Keep tape dry – sponge bathe or tub bathe. The morning of your one week follow up, you may wash your hair before you come into the office.

Take all medications as prescribed. Use Lacrilube or a generic ophthalmic lubricant if necessary.

Fixation screws in your scalp are absorbable and will not need to be removed. DO NOT MANIPULATE THE AREA. Be gentle when washing and combing your hair.

Sutures from the eyelids will be removed 1 week after surgery.

Staples will be removed in 2 weeks.

You will have an abdominal binder that you will wear for 1 week postop.

Hygiene

Use care when washing and combing your hair.

To Minimize Swelling

You may develop bruising and swelling. Elevation is the best remedy for this.

Keep your head elevated at all time.

Sleep with 3-4 pillows or in a recliner.

No lifting or exertion for 2 weeks.

You may begin gentle walking 1 mile a day after 2 weeks.

No exercise for 1 month.

Signs of Infection

- If wound becomes red, swollen, tender or hot to touch.
- If red streaks are seen coming from the operative area.
- If you develop a fever.
- If the wound breaks open or being draining.
- If there is a constant or increasing pain at wound site.

Please notify Dr. Louton for any problem day or night at (814) 949-7280.