

Robert Louton, MD

BLAIR PLASTIC SURGERY

FAT TRANSFER - FACT SHEET

DO NOT sunburn or suntan the surgical area one month prior to procedure.

Expect to have drainage from surgery sites 24-48 hours.

Pad bed and furniture.

Drainage will be pink tinged. This does not represent bleeding but tumescent fluid mixed with body fluids.

Take antibiotics and pain medication as prescribed.

Wear compression garment for 2 weeks at all times except when showering. If fat is injected to breast area an underwire bra is acceptable as long as it is not too tight. You may shower in 24 hours.

Surgical sites are closed with absorbable sutures that will not need to be removed. If there are sutures on the face they will be removed in one week.

It may take some time for the injected area to smooth out. Any concerns about contour irregularities should be addressed with Dr. Louton. Your first follow up visit will be one week after surgery.

No exertion or lifting for 2 weeks.

You may begin gentle walking 1 mile a day after 2 weeks.

No exercise for 1 month.

Signs of Infection

- a. If wound becomes red, swollen, tender or hot to touch.
- b. If red streaks are seen coming from the operative area.
- c. If you develop a fever.
- d. If the wound breaks open or begins draining.
- e. If there is a constant or increasing pain at wound site.

Please notify Dr. Louton for any problems day or night at (814) 949-7280