



Robert Louton, MD

BLAIR PLASTIC SURGERY

FOCAL LASER - FACT SHEET

First Day - Day of Surgery

- Elevate head for next three days.
- Do not use ice.
- Avoid extreme hot or cold temperatures.
- Reapply post-laser ointment or Vaseline frequently to keep area moist day of surgery.

Second Day through Tenth Day or until New Skin is Healed

- Wash laser resurfaced area in lukewarm water at least six times daily.
- Do not scrub or over manipulate treated area.
- Pat dry with clean towel.
- Reapply ointment or Vaseline.

Absolutely NO sun exposure for 6 months. Use hats, sunblock and all means necessary or area will turn brown.

Follow in office as scheduled.