



Robert Louton, MD

BLAIR PLASTIC SURGERY

FULL FACE LASER/DERMABRASION FACT SHEET

DO NOT sunburn or suntan surgical area one month prior to procedure.

First Day - Day of Surgery

- Elevate head for next three days.
- Do not use ice.
- Avoid extreme hot or cold temperatures.
- Reapply post-laser ointment or Vaseline frequently to keep area moist day of surgery.
- Take antibiotic.
- Take pain medication as needed.

Second Day through Tenth Day or until New Skin is Healed

- Wash laser resurfaced area in lukewarm water at least six times daily.
- Pat dry with clean towel.
- Reapply ointment or Vaseline.
- Continue antibiotic until finished.

Follow in office as scheduled.