

Robert Louton, MD

BLAIR PLASTIC SURGERY

POST LASER CARE

IMMEDIATELY AFTER TREATMENT

Keep your head elevated to help reduce swelling and keep activity to a minimum. Areas treated should always be kept moist with a healing ointment provided to you by our Skin Care Clinic.

Pain Medications

Most patients experience minimal pain with this procedure and do not require pain medications. However, to accommodate individual tolerances, a pain medication prescription will be provided.

Warning Signs

Call our office immediately at (814) 949-7280 if you develop fever or chills. The phone is answered 24 hours a day.

Antibiotics

Complete the entire course of antibiotics and antiviral as prescribed. Report any sign of cold sores.

THE DAY AFTER TREATMENT

Begin Skin Care Regimen six times a day.

For best results, Skin Care Clinic Post Laser Care Program is recommended. This will be explained to you at your pre-op visit with Skin Care Clinic.

1. Clean face with warm water
2. Pat dry with a clean towel
3. Apply Post-Resurfacing ointment

Crusting/Itching

Crusting may occur. Do not be alarmed. Do not pick at crusted area; gentle soaking of the area with water is recommended. Itching is a normal sign of healing, but if it is intolerable, oral Benadryl may be used according to manufacturer's instruction.

Redness of Skin

The treated skin is healthy but will have the appearance of red-sunburned skin. Do not be alarmed. This color is normal and usually fades after 2-12 week period.

Sun Exposure

Direct sun exposure must be avoided as it could cause pigmentary changes. Use sunscreen with SPF 20 or greater at all times and reapply frequently (at least 3-4 times per day if outdoors).

Make-up/Moisturizer

Make-up may be used at 7-10 days provided there is no crusting or weeping of the skin.

Excess Skin Pigment

Continue using the Post Laser Program recommended by the Skin Care Clinic. If you notice Pigmentation occurring, please notify our office.

Patient Signature: _____ Date: _____