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**BLAIR
PLASTIC
SURGERY**

ORBITAL EMPHYSEMA – FACT SHEET

1. Take an over-the-counter oral decongestant as per manufacturer's directions.
2. Keep head elevated above the level of the heart to reduce swelling and discomfort.
3. Take acetaminophen (such as Tylenol) every four hours as needed for pain unless another medicine is prescribed by Dr. Louton.
4. Do not blow your nose for one month.
5. Do not use nasal sprays.
6. If you need to sneeze, do so with your mouth open.
7. Keep your scheduled follow up appointment with Dr. Louton.
8. Return if sign of infection occurs.*

Signs of Infection

- Wound becomes red, swollen, tender, or hot to touch.
- Red streaks are seen coming from injured area.
- You develop a fever.
- The wound breaks open or begins draining.
- There is increasing pain at the wound site.

Please notify Dr. Louton for any problems day or night at (814) 949-7280.