



Robert Louton, MD

BLAIR PLASTIC SURGERY

THIGH LIFT – FACT SHEET

1. NOT sunburn or suntan the surgical area one month before procedure.
2. Wear garment at all times for 30 days.
3. If drain is present, empty drain every two hours. Keep records of the time and amounts emptied. Always compress bulb after draining.
4. If bleeding occurs, hold pressure over wound. If bleeding persists, notify Dr. Louton immediately.
5. Apply Mupiricon ointment to thigh incisions twice a day.
6. Use prescribed prescriptions for pain as directed
7. Paper tape is applied to your wound. Keep it dry. You may shower after the paper tape is removed.
8. Avoid exercise or exertion for 60 days
9. Finish antibiotics
10. Watch the area for any signs of infection.

Signs of Infection

- a. **If wound becomes red, swollen, tender or hot to touch.**
- b. If red streaks are seen coming from the operative area.
- c. If you develop a fever.
- d. If the wound breaks open or being draining.
- e. If there is a constant or increasing pain at wound site.

Please notify Dr. Louton for any problem day or night at (814) 949-7280.