

Robert Louton, MD

BLAIR PLASTIC SURGERY

TOPICAL NITROGLYCERINE – FACT SHEET

Before Using Nitroglycerine Ointment:

- Tell your doctor and pharmacist if you are allergic to nitroglycerin ointment, tablets, capsules, sprays or patches any other medications, or any of the ingredients in nitroglycerin ointment. Ask your pharmacist for a list of ingredients.
- Tell your doctor and pharmacist what prescription and nonprescription medications, vitamins, nutritional supplements, and herbal products you are taking or plan to take. Be sure to mention any of the following: beta blockers such as atenolol (Tenormin), carteolol (Cartrol), labetalol (Normodyne, Trandate), metoprolol (Lopressor), nadolol (Corgard), propranolol (Inderal), sotalol (Betapace), and timolol (Blocadren); calcium channel blockers such as amlodipine (Norvasc), diltiazem (Cardizem), felodipine (Plendil), isradipine (DynaCirc), nifedipine (Procardia), and verapamil (Calan); dihydroergotamine (D.H.E. 45); medications for high blood pressure, heart failure, mental illness, and nausea and phosphodiesterase (PDE-5) inhibitors such as sildenafil (Viagra), tadalafil (Cialis), and verdenafil (Levitra). Your doctor may need to change the doses of your medications or monitor you carefully for side effects
- Tell your doctor if you think you may be dehydrated, if you have recently had a heart attack, and if you have or have ever had low blood pressure, heart failure, or hypertrophic cardiomyopathy (thickening of the heart muscle).
- Tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding. If you become pregnant while using nitroglycerin ointment, call your doctor.
- If you are having surgery, including dental surgery, tell the doctor or dentist that you are using nitroglycerin ointment.
- Ask your doctor about the safe use of alcoholic beverages while you are using nitroglycerin ointment. Alcohol can make the side effects from nitroglycerin ointment worse.
- You should know that nitroglycerin patches may cause dizziness, lightheadedness, and fainting when you get up too quickly from a lying position, or at any time, especially if you have been drinking alcoholic beverages. To avoid this problem, get up slowly, resting your feet on the floor for a few minutes before standing up. Take extra precautions to avoid falling during your treatment with nitroglycerin.
- You should know that you may experience headaches every day during your treatment with nitroglycerin ointment. These headaches may be a sign that the medication is working as it should. Do not try to change the times or the way that you apply nitroglycerin ointment in order to avoid headaches because then the medication may not work as well. Your doctor may tell you to take a pain reliever to treat your headaches.

Special Delivery Instructions: Unless your doctor tells you otherwise, continue your normal diet.

- Seizures

Other Information I Should Know:

Keep all appointments with your doctor.

Do not let anyone else use your medication. Ask your pharmacist any questions you have about refilling your prescription.

it is important for you to keep a written list of all the prescription and nonprescription (over-the-counter) medicines you are taking, as well as any products such as vitamins, minerals, or other dietary supplements. You should bring this list with you each time you visit a doctor or if you are admitted to a Hospital. It is also important information to carry with you in case of emergencies.

Brand Name: Nitro-Bid®

Please notify Dr. Louton for any problems day or night at 814-949-7280.

Directions for application: Apply ½ inch using paper measure, four times daily to area described by Dr. Louton for a total of five Days